# HOW TO STOP DOG BARKING



Undoubtedly one of the more frustrating concerns for pet owners is a dog barking. Barking dogs not only disturb your own household, but often those of your neighbors as well. It can result in lack of sleep, which can eventually impact your performance at work and greatly annoy your family and others. Obsessive barking can also upset other pets and trigger other dogs in your neighborhood to begin barking as well. Obviously, it is important to stop dog barking as quickly as possible.

Although persistent or excessive barking is frequently associated with toy breeds and other small dogs, every size and breed of dog may become obsessive barkers. The key to stop dog barking is to understand what makes them bark in the first place.

Dogs vocalize for a variety of different reasons. Some of the more common causes of dog vocalization are:

To get attention from their owner

To notify their owner that someone is coming

To let their owner know that they need to go outside and go potty

When they hear other dogs in your neighborhood barking

Boredom or lack of something constructive to do

Separation Anxiety

Loneliness

### **How to Stop Dog Barking**

If your dog is warning you that someone is coming, immediately praise them after they initially start barking. If they continue, tell them, "No," or "Stop," and give them something else to do, such as their favorite toy or a chew toy.

Give your dog attention when they are calm and quiet. When they bark to try to get your attention, ignore them until they have calmed down. They will eventually start to connect their being quiet with the positive result of attention.

Make sure that your dog is getting enough exercise and that they are mentally engaged as well. Once you have taught them basic dog obedience training, you can move on to tricks and agility or other training to help keep their minds and bodies occupied with more constructive endeavors.

Never yell or hit your dog when they bark. If their barking stems from their desire for attention, they will even see hitting and yelling as attention, and that will make them bark more.

With the proper training techniques, a little patience, and a positive attitude, you will be able to stop dog barking in no time. This is good news for not only you and your family, but your neighbors as well.

To answer the question "How to stop dogs barking" we need to understand why dogs bark in the first place. Dogs are like people - they like to communicate. They also have feelings and responses like people, so the secret to how to stop dogs from barking lies in tuning into their thinking patterns and feelings. The advantage we humans have, is that dogs, unlike us, have a very simple outlook on life and therefore are easy to "program" or "train" if you know how.

All dogs bark, it's their way of communicating a message. The disadvantage they have is that their vocabulary only contains one word - "woof". It may be to greet, to alert, express boredom, to attract attention, or when they get excited. Most would agree that some barking is acceptable, but too much barking will most certainly be annoying, especially to your neighbors.

Take into consideration what is making your dog bark. Is a cat taunting him in the window? Does he need to go out into the yard? It could be hungry, out of water, or just trying to tell you something.

So How Do We Stop Dogs Barking?

You need to create a new link in a dog's mind between event and response. A good way is to set up a situation similar to where your dog always seems to bark. An example would be having someone knock on your door or ring the doorbell. During this simulation, when your dog charges for the door and starts to bark, simply grab him/her by the collar and give the command "No!" or "Quiet!" But be careful not to yell at the dog because yelling doesn't help. A barking dog thinks our yelling is our attempt to join them in warning everyone of the intruder. Your yelling is inadvertently telling your dog, "Keep it up, bark more and make it louder too!" Look the dog in the eye and firmly say issue your command, but don't yell.

If your dog ceases barking after you gave the command reward him, but not immediately, otherwise he might think you are rewarding him for barking. First, follow directly with another command like "Sit!" and when he obeys, then reward the dog. This is how to stop dogs barking.

The dog hasn't stopped barking at this point, what should you do? If your dog did not stop barking after the first "quiet" command, use your hand to close his mouth. Place a muzzle on your dog and rap your fingers around it. Then once again give the command of "quiet" Remember no yelling!

Be sure to praise or pat your dog or say "good" at the exact instant he displays good behavior. Reward him with plenty of praise

What About When There's No One Home?

To prevent your dog from barking while you're not at home. Keep him/her in the house with the radio on. Play soft music and keep the drapes and blinds closed when you leave.

# Things to Remember

There are two reasons why you may have a dog that barks at almost anything. One reason is some type's of dogs are just born to bark. If you own a basset hound, foxhound, or bloodhound, you unfortunately have a dog that was born to bark.

The other reason is some dogs are naturally very territorial. To them your home is their place to defend. When your dog barks they're telling you, "Come quick, I need to know if this person is a friend or an enemy!"

Remember, it's a good thing to have your dog warn you of potential danger. You don't want to train them so well they just sit there like a statue when someone rings your doorbell or knocks on the door. You just want them to do it once or twice, and then stop. Using the commands and then treat method will do trick.

As a dog owner, you probably often wish there was a magic formula for how to stop dog barking. It can get embarrassing especially if the neighbors start to complain about the noise your dog is making. Plus, some people are frightened of dogs and if you frequently go out in public with your canine, the dog barking may scare some people and therefore frustrate you.

So how do you stop dog barking noises when the time comes? There are a variety of ways to go about doing it. All they need to do is be trained in a certain way to not bark.

## Figure out Why Your Dog Barks

The very first step on how to stop dog barking is to figure out why your dog is doing it in the first place. Are they upset about something? Do they only do it when they see other dogs? Once you figure out the cause, you can come up with a suitable plan to help rid your dog of this habit.

### Dogs Bark for Attention

One of the main reasons why your dog barks, however, is to get attention. They may be bored and want someone to pay attention to them or play with them. Or, they simply could be craving your company. If your dog is barking for this reason they need to understand that simply barking won't solve their problems.

In other words, try not to give them the attention they crave. The best way to deal with this is to simply ignore them. Don't talk to them, yell at them, or pay attention to them in any way. If they are going to learn how to stop barking then you should just ignore them.

### What if they don't stop?

Let's say you ignore your dog but she still barks constantly. There are a few possible reasons for this. The first is that they are barking because they are warning you about something. The second is that there could be something physically wrong with them. The third is that they simply don't care that you are ignoring them.

In any of these cases you should contact your vet to come up with a suitable course of action. If you want them to learn how to stop barking, you may need to bring in an outsider such as an obedience trainer to help them learn.

Do you know that there are some stunning tricks which you can use to effectively stop your dog's behavior problems? These tricks are so effective that they are guaranteed to help solve all behavior problems within days.... You can't afford to miss this at any cost.